

# John Z MDA 5k Run/Walk

## Age Group Results

August 30, 2008

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*Results By Zoomers Running and Triathlon Club*

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Men: 0- 9 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 [50-54](#) [55-59](#) [60-64](#) [65-69](#) [70-74](#)  
[75-99](#)

Women: [0- 9](#) [10-14](#) [15-19](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [60-64](#) [65-69](#) [70-74](#)  
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## John Z MDA 5k Run/Walk

### Overall Female Overall Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
21:48.3	1	Bethany Heslam		43	21
		7:02/M			

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### Overall Male Overall Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
17:46.9	1	Mickey Hooke		47	1
		5:44/M			

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### Overall Female Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
22:32.5	1	Dana Murray		43	29
		7:16/M			

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### Overall Male Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
20:36.3	1	George Miller		43	15
		6:39/M			

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## Overall Female Grand Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
25:13.9	1	Jacquelyn Baldelli		55	52
		8:08/M			

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## Overall Male Grand Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
22:24.8	1	Jack Stone		66	26
		7:14/M			

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## Overall Female Senior Grand Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
25:59.6	1	Josephine Nicolosi		63	58
		8:23/M			

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## Overall Male Senior Grand Masters Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
22:30.2	1	Richard Quevillon		66	28
		7:15/M			

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## Overall Female Veterans Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
47:27.2	1	Marilyn Zook		71	143
		15:18/M			

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## Overall Male Veterans Winners

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
27:32.5	1	Charlie McDonald 8:53/M		72	69

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## Female 9 and under

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
30:41.0	1	Greer Glover 9:54/M		9	103
47:29.3	2	Carly Lovett 15:19/M		8	146
49:26.5	3	Olivia Rakes 15:57/M		6	148

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## Male 9 and under

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
36:21.9	1	Evan Flores 11:44/M		9	125
43:32.8	2	Wilhelm Elijah 14:03/M		8	138
47:29.2	3	Conner Anderson 15:19/M		6	145
52:29.0	4	Trey Flores 16:56/M		6	154

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## Female 10 to 14

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
23:05.9	1	Amanda Ivankovic 7:27/M		13	33
24:48.3	2	Kalla Borrego 8:00/M		14	46
26:47.1	3	Anne Moenning 8:38/M		14	61
29:50.8	4	Nicole Miller 9:37/M		14	96
33:51.5	5	Sarah Wamack 10:55/M		14	119
36:42.9	6	Katherine Miller 11:50/M		13	128
40:55.3	7	Lauren Silva 13:12/M		14	136
44:23.2	8	Lexi Lovett 14:19/M		14	139

9	Kristina Horchover	10	149
49:50.1	16:05/M		
10	Courtney Jankowski	14	151
50:47.3	16:23/M		

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## Male 10 to 14

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Cameron Fuller		14	7
18:38.7		6:01/M			
	2	Jeffrey Tait		13	8
18:42.1		6:02/M			
	3	Alec McCormack		14	24
22:13.2		7:10/M			
	4	Andrew Pollizzi		14	30
22:50.6		7:22/M			
	5	Justin Rumisek		13	53
25:27.9		8:13/M			
	6	J.R. Graham		13	54
25:30.6		8:14/M			
	7	Josh Costa		13	57
25:54.1		8:21/M			
	8	Alex Flores		10	83
28:48.8		9:17/M			
	9	Justin Uebelacker		10	102
30:40.4		9:54/M			
	10	Sean McAuliffe		11	156
52:46.2		17:01/M			

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## Female 15 to 19

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Teressa Gugino		16	23
22:10.7		7:09/M			
	2	Jordan Davis		15	41
24:12.3		7:48/M			
	3	Rachel Morrello		17	42
24:19.8		7:51/M			
	4	Melissa Monroe		15	43
24:27.3		7:53/M			
	5	Daniela Garcia		19	56
25:49.2		8:20/M			
	6	Chloe Schaub		15	62
26:48.7		8:39/M			
	7	Alyssa Bertinelli		16	63
26:52.2		8:40/M			
	8	Jessica Ralston		17	79
28:25.5		9:10/M			
	9	Michelle Deshaises		16	88
29:16.2		9:26/M			

10	Katie Brockman	16	95
29:49.8	9:37/M		
11	Michaela Ringersen	15	107
31:17.1	10:05/M		
12	Devina Ganesh	16	108
31:18.7	10:06/M		
13	Kerri Jacobs	19	124
34:52.3	11:15/M		

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## Male 15 to 19

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Anthony Pollizzi		16	2
18:14.0		5:53/M			
	2	Anthony Borrego		15	3
18:18.2		5:54/M			
	3	Brian Haynes		16	6
18:36.3		6:00/M			
	4	Kristen Combs		16	9
19:35.4		6:19/M			
	5	Tyler Cardillo		15	10
19:41.3		6:21/M			
	6	Matthew Borrelli		17	11
19:45.0		6:22/M			
	7	Dylan Ireland		16	13
20:30.1		6:37/M			
	8	Grant Spencer		16	17
20:57.5		6:45/M			
	9	Nick Romantto		16	18
21:04.2		6:48/M			
	10	Jason Ralston		16	19
21:18.9		6:52/M			
	11	Jonathan Nusbaum		17	20
21:43.0		7:00/M			
	12	Michael Gering		17	27
22:29.1		7:15/M			
	13	John Giulina		15	32
23:01.0		7:25/M			
	14	Vipond Miller		15	38
24:04.7		7:46/M			
	15	Andrew Stoquert		15	39
24:05.6		7:46/M			
	16	Anthony Andres		19	40
24:11.0		7:48/M			
	17	Preston Celico		15	60
26:44.2		8:37/M			

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## Female 20 to 24

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
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	1	Amanda Tatko		21	72
27:58.8		9:01/M			
	2	Sarah Tatko		21	110
31:54.6		10:17/M			

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## Male 20 to 24

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Michael Foster		20	131
40:15.2		12:59/M			

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## Female 25 to 29

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Maria Barajas		26	22
22:00.9		7:06/M			
	2	Danielle Zemola		29	49
24:56.5		8:03/M			
	3	Michelle Filander		29	51
25:11.6		8:07/M			
	4	Kylee Tuls		29	86
29:10.2		9:25/M			
	5	Yamilet Reyes		29	106
31:09.9		10:03/M			
	6	Kimmi Davis		26	133
40:25.0		13:02/M			

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## Male 25 to 29

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Christopher George		26	12
19:46.4		6:23/M			
	2	Phuong Nguyen		29	121
34:06.5		11:00/M			
	3	Louis Van Der Veen		27	134
40:25.9		13:02/M			

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## Female 30 to 34

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Toni Ivankovic		33	67
27:26.0		8:51/M			
	2	Amy Bredfeldt		31	78
28:18.2		9:08/M			

3	Stacey Anderson	33	98
29:59.8	9:40/M		
4	Tina Korte-Alex	32	112
32:00.2	10:19/M		
5	Alice Loveall	34	117
32:59.3	10:38/M		
6	Andrea Werdell	30	126
36:29.5	11:46/M		
7	Jada Herman	31	127
36:31.4	11:47/M		
8	Melody Fajordo	34	160
55:19.4	17:51/M		
9	Angel Rakes	33	164
55:24.8	17:52/M		

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## Male 30 to 34

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Bob Filander		31	16
20:44.7		6:41/M			
	2	Dan Rumisek		33	70
27:55.2		9:00/M			

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## Female 35 to 39

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Maria Munoz		37	48
24:55.4		8:02/M			
	2	Kim Toth		39	84
28:50.3		9:18/M			
	3	Dawn Brown		39	85
28:52.7		9:19/M			
	4	Alyse Bouchard		38	89
29:22.7		9:28/M			
	5	Jennifer Kinker		39	116
32:48.3		10:35/M			
	6	Melinda Means		39	132
40:20.5		13:01/M			
	7	Susan Flores		39	155
52:30.1		16:56/M			
	8	Christina Lovett		39	159
55:16.7		17:50/M			

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## Male 35 to 39

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
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18:21.8	1	Jon Williams	39	4
		5:55/M		
18:31.1	2	Eric Botelho	36	5
		5:58/M		
20:33.2	3	Rick Lovett	39	14
		6:38/M		
23:18.5	4	David Shiner	37	35
		7:31/M		
29:44.6	5	Peter Lear	38	93
		9:35/M		
29:52.3	6	Carlos Ramirez	38	97
		9:38/M		
52:47.9	7	Ronald Rakes	36	157
		17:02/M		

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## Female 40 to 44

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Karen Borrego		44	47
24:52.4		8:01/M			
	2	Kim Cusick		42	66
27:25.0		8:51/M			
	3	Theresa Nelson		44	74
28:04.2		9:03/M			
	4	Shelley Litvin		42	76
28:06.5		9:04/M			
	5	Denise Costa		44	94
29:46.6		9:36/M			
	6	Carolyn Foster		42	100
30:20.3		9:47/M			
	7	Linda Britt		44	105
31:01.5		10:00/M			
	8	Janet Fusco		42	120
34:03.2		10:59/M			
	9	Kim Mathis		41	129
39:38.6		12:47/M			
	10	Lisa Nelsun		41	135
40:36.3		13:06/M			

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## Male 40 to 44

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Dean McConville		44	80
28:28.3		9:11/M			
	2	William Gorman		44	113
32:00.8		10:19/M			

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## Female 45 to 49



<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Julie Chartier		45	71
27:56.1		9:01/M			
	2	Laura Bucher		46	109
31:44.0		10:14/M			
	3	Yulinar Sproat		46	115
32:45.2		10:34/M			
	4	Debi Lantzer		47	122
34:16.2		11:03/M			
	5	Mary Resto		48	130
39:43.5		12:49/M			
	6	Meloni Raisner		45	140
45:28.6		14:40/M			

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## Male 45 to 49

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Jaime Vidales		47	25
22:19.7		7:12/M			
	2	Terry Deshaises		45	36
23:50.3		7:41/M			
	3	Bob Witte		49	68
27:27.8		8:51/M			
	4	Barry Leaf		49	82
28:37.1		9:14/M			

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## Female 50 to 54

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Kristi Weiland		51	73
27:59.9		9:02/M			
	2	Kathy Leaf		50	77
28:07.8		9:04/M			
	3	Tess Madeya		51	104
30:43.5		9:55/M			
	4	Cindy Pomponio		50	118
33:49.5		10:55/M			
	5	Kelly Givens		51	166
56:27.8		18:13/M			

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## Male 50 to 54

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Jim Chappo		50	37
23:58.1		7:44/M			

29:28.6	2	Luis Aguila	51	90
		9:30/M		
50:06.4	3	Robert Melvin	52	150
		16:10/M		
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## Female 55 to 59

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
		<u>Pace</u>			
27:17.1	1	Wanda Kenney		58	65
		8:48/M			
30:30.7	2	Betty Bernz		56	101
		9:50/M			
34:50.1	3	Nancy Ehrenfeld		59	123
		11:14/M			
48:28.0	4	Donna Kuntzsch		57	147
		15:38/M			
52:27.7	5	Cathy Cowan		56	153
		16:55/M			
55:23.7	6	Pearl Hansen		56	162
		17:52/M			
55:24.1	7	Susan Van Haitsma		57	163
		17:52/M			
55:25.7	8	Teresa Scoczylas		56	165
		17:53/M			
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## Male 55 to 59

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
		<u>Pace</u>			
24:40.8	1	Mike Hourihan		59	44
		7:57/M			
26:20.3	2	Steve Bartek		56	59
		8:30/M			
50:48.4	3	Richard Hutchinson		56	152
		16:23/M			
54:37.9	4	Loren Van Haitsma		57	158
		17:37/M			
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## Female 60 to 64

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
		<u>Pace</u>			
28:31.3	1	Mary Bonetz		64	81
		9:12/M			
30:13.5	2	Nancy Marino		60	99
		9:45/M			
42:16.3	3	Sherry Kelly		63	137
		13:38/M			

46:07.0	4	Francesca Hunter	62	141
		14:53/M		

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## Male 60 to 64

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Silky Sullivan		64	34
23:16.3		7:30/M			
	2	Daniel Cole		61	50
25:04.3		8:05/M			
	3	Ed Morgan		64	55
25:33.8		8:15/M			
	4	Guy Emerich		63	64
27:06.3		8:45/M			
	5	Frank Pelcher		63	87
29:12.6		9:25/M			
	6	Stephen Haynes		60	91
29:29.4		9:31/M			

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## Female 65 to 69

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Sandra Heacock		65	144
47:28.2		15:19/M			

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## Male 65 to 69

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Frank Nicolosi		67	31
22:52.4		7:23/M			
	2	Mickey Johnson		69	45
24:47.4		8:00/M			
	3	Donald Fialka		67	75
28:05.0		9:04/M			
	4	Bill Bonetz		65	92
29:35.3		9:33/M			
	5	Dave Pierce		65	111
31:56.4		10:18/M			

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## Female 70 to 74

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
	1	Barbara Gross		72	161
55:23.6		17:52/M			

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## Male 70 to 74

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>
32:39.5	1	Ronald Hunt		70	114
		10:32/M			
46:27.1	2	Doug Zook		74	142
		14:59/M			

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