

4th Annual Harbour Heights 5k Run/Walk

Age Group Results

February 27, 2010

Results By Zoomers Running Club

HH5K

Overall Female Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|------------------|-------------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Karen Steinacker | Port Charlotte FL | 386 | |
| 37 | 18 | 24:24.9 | 7:52/M | |

Overall Male Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|--------------|--------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Mickey Hooke | Bradenton FL | 384 | |
| 49 | 1 | 17:44.3 | 5:43/M | |

Overall Female Masters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|-----------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | VALERIE EBERLIN | | 316 | |
| 45 | 21 | 24:54.9 | 8:02/M | |

Overall Male Masters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|----------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Terry Deshaies | Sarasota FL | 385 | 47 |
| 6 | | 22:11.9 | 7:09/M | |

Overall Female Grandmasters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|----------------|-------------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Linda Thurston | Port Charlotte FL | 288 | 67 |
| 25 | 26:23.0 | 8:31/M | | |

Overall Male Grandmasters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|----------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | FRANK NICOLosi | | 350 | |
| 69 | 8 | 22:32.8 | 7:16/M | |

Overall Female Senior Grandmasters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|--------------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | JOSEPHINE NICOLosi | | 349 | |
| 65 | 32 | 27:00.6 | 8:43/M | |

Overall Male Senior Grandmasters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-------------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | RICHARD QUEVILLON | | 359 |
| 67 | 13 | 23:10.2 | 7:28/M |

Female 9 and under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|-------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Tori Brauch | | 282 | |
| 7 | 73 | 37:19.6 | 12:02/M | |

Male 9 and under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |

| | | |
|---|-----------------------|-----|
| 1 | Cameron Vieira | 238 |
| 7 | 100 1:00:10.0 19:25/M | |

Female 10 to 14

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|--------------------|----------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | CIERRA JONES | | 336 |
| 14 | 87 42:54.3 13:50/M | | |
| 2 | Rachel Dawson | Punta Gorda FL | 389 |
| 14 | 89 46:47.0 15:05/M | | |
| 3 | Andrea Lansdale | | 296 |
| 14 | 96 50:58.0 16:26/M | | |

Male 10 to 14

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-------------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Trey Brauch | | 280 |
| 10 | 31 26:57.1 8:42/M | | |
| 2 | KEVIN MAYES | | 341 |
| 10 | 39 28:48.0 9:17/M | | |
| 3 | Tanner Lansdale | | 297 |
| 13 | 51 30:34.7 9:52/M | | |

Male 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|-------------------|----------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | Dalton Whidden | Punta Gorda FL | 387 | |
| 16 | 10 23:02.4 7:26/M | | | |
| 2 | Zachary Frohn | Punta Gorda FL | 396 | |
| 16 | 23 25:21.6 8:11/M | | | |

Male 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|------------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | JAKE HOLLIS | | 329 | |
| 20 | 2 20:32.6 6:37/M | | | |

| | | | | |
|----|---|--------------------|------------|-----|
| 22 | 2 | Zachary Standridge | Sebring FL | 392 |
| | 3 | 21:04.6 | 6:48/M | |

Female 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Erica Hurley | Port Charlotte FL | 82 |
| 27 | 47 | 30:18.1 | 9:46/M |
| 2 | REBECCA GUZMAN | | 324 |
| 25 | 48 | 30:28.4 | 9:50/M |
| 3 | Mandy Stahl | Washington DC | 283 |
| 27 | 67 | 34:14.6 | 11:03/M |

Male 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> |
|----------------|--------------------|-------------|---------------|------------|
| <u>Overall</u> | <u>Time</u> | <u>Pace</u> | | |
| 1 | MICHAEL POOLE | | 358 | |
| 27 | 14 | 23:11.1 | 7:29/M | |
| 2 | Aaron Hurley | | 83 | |
| 28 | 22 | 25:20.8 | 8:10/M | |
| 3 | LOUIS VAN DER VEEN | | 377 | |
| 28 | 36 | 28:22.0 | 9:09/M | |

Female 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-------------------|----------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | CHRISSEY PLAISTED | | 355 |
| 31 | 49 | 30:29.3 | 9:50/M |
| 2 | STEFANIE JOHNSON | | 335 |
| 34 | 60 | 32:35.2 | 10:31/M |
| 3 | CARSON SHEETS | | 364 |
| 34 | 62 | 33:23.1 | 10:46/M |
| 4 | Zuzana Lukackova | Punta Gorda FL | 388 |
| 31 | 64 | 33:48.3 | 10:54/M |
| 5 | HEATHER PABON | | 352 |
| 34 | 75 | 37:26.5 | 12:05/M |

Male 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|--------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | STEVE BENDER | | 306 |
| 32 | 4 | 21:51.0 | 7:03/M |
| 2 | James Boeller | Venice FL | 395 |
| 32 | 34 | 27:22.0 | 8:50/M |
| 3 | Ryan Roberts | Englewood FL | 393 |
| 32 | 70 | 35:58.2 | 11:36/M |

Female 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|--------------------|-------------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | CHRIS FLORAND | | 321 |
| 35 | 30 | 26:52.6 | 8:40/M |
| 2 | JENNIFER POMERANTZ | | 356 |
| 38 | 45 | 29:56.2 | 9:39/M |
| 3 | Akiko Taylor | North Port FL | 281 |
| 38 | 58 | 32:06.4 | 10:21/M |
| 4 | KATHLEEN NOVELLS | | 351 |
| 38 | 63 | 33:45.9 | 10:53/M |
| 5 | MELISSA MINOS | | 345 |
| 39 | 80 | 38:50.6 | 12:32/M |
| 6 | Tara Musselman | Punta Gorda FL | 390 |
| 36 | 85 | 40:21.0 | 13:01/M |
| 7 | Liz Pavlovic | Port Charlotte FL | 397 |
| 35 | 90 | 48:11.0 | 15:33/M |

Male 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | ROBERT MOOR | | 347 |
| 35 | 5 | 21:55.8 | 7:04/M |
| 2 | Torrin Brauch | | 398 |
| 38 | 11 | 23:03.3 | 7:26/M |
| 3 | ODED POMERANTZ | | 357 |
| 38 | 12 | 23:04.5 | 7:26/M |
| 4 | ERIK FULLER | | 322 |

| | | | | | |
|----|----|-------------|---------|-------------------|-----|
| 39 | 15 | 23:30.2 | 7:35/M | | |
| | 5 | Brad Walker | | Port Charlotte FL | 382 |
| 36 | 33 | 27:14.7 | 8:47/M | | |
| | 6 | CHRIS JONES | | | 337 |
| | 37 | 53 | 31:14.4 | 10:05/M | |
| | 7 | PETE EARLEY | | | 315 |
| | 38 | 76 | 37:27.4 | 12:05/M | |

Female 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-----------------|-------------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | TERI HART | | 325 |
| 40 | 29 | 26:48.1 | 8:39/M |
| 2 | DARLENE DISANTI | | 313 |
| 43 | 35 | 28:09.6 | 9:05/M |
| 3 | LORI MAYES | | 342 |
| 44 | 41 | 29:24.0 | 9:29/M |
| 4 | Sarah Farmer | Port Charlotte FL | 391 |
| 41 | 52 | 30:53.7 | 9:58/M |
| 5 | KELLY BEALL | | 305 |
| 40 | 61 | 32:56.9 | 10:37/M |
| 6 | Carolyn Foster | North Port FL | 383 |
| 43 | 65 | 34:04.0 | 10:59/M |
| 7 | TAMMY HOFFMAN | | 328 |
| 44 | 71 | 36:11.3 | 11:40/M |
| 8 | Kelli Brauch | | 400 |
| 40 | 74 | 37:21.7 | 12:03/M |
| 9 | Catherine Beck | Lehigh Acres FL | 379 |
| 41 | 79 | 38:12.7 | 12:19/M |
| 10 | DIANA MITCHELL | | 346 |
| 44 | 81 | 39:42.1 | 12:48/M |

Male 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Brian Burget | | 84 |
| 44 | 7 | 22:18.3 | 7:12/M |
| 2 | GREG CHIAPPETTA | | 309 |

| | | | | | |
|----|----------------|-------------|---------|-----|--|
| 42 | 19 | 24:35.3 | 7:56/M | | |
| 3 | Neil Flynt | Punta Gorda | FL | 286 | |
| 42 | 46 | 29:57.1 | 9:40/M | | |
| 4 | PAUL HUGHES | | | 331 | |
| 43 | 55 | 31:53.1 | 10:17/M | | |
| 5 | MATTHEW HUGHES | | | 330 | |
| 40 | 56 | 31:56.4 | 10:18/M | | |

Female 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | |
|--------------|-----------------|-------------|---------------|-----|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> | |
| 1 | SUSAN HILLEGAS | | 326 | |
| 46 | 37 | 28:25.4 | 9:10/M | |
| 2 | KERRI DONCOM | | 314 | |
| 47 | 54 | 31:15.4 | 10:05/M | |
| 3 | YULINAR SPROAT | | 365 | |
| 47 | 59 | 32:07.3 | 10:22/M | |
| 4 | Marianne Gombar | Punta Gorda | FL | 378 |
| 47 | 84 | 40:04.5 | 12:55/M | |

Male 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | |
|--------------|-----------------|-------------|---------------|-----|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> | |
| 1 | KEVIN DEVRIES | Punta Gorda | FL | 380 |
| 49 | 9 | 22:36.5 | 7:17/M | |
| 2 | David Cahillane | Hatfield | MA | 287 |
| 46 | 17 | 24:18.6 | 7:50/M | |

Female 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | TAMMY TOPP | | 371 |
| 52 | 50 | 30:31.5 | 9:51/M |

Male 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |

| | | |
|----|--------------------|-----|
| 1 | JOHN WALSH | 374 |
| 53 | 28 26:40.9 8:36/M | |
| 2 | RICH ADAMS | 300 |
| 54 | 78 38:11.8 12:19/M | |
| 3 | Doug Lansdale | 295 |
| 54 | 95 50:57.0 16:26/M | |

Female 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|--------------------|----------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Donah Seidel | | 294 |
| 55 | 38 28:28.6 9:11/M | | |
| 2 | BETTY BERNZ | | 307 |
| 57 | 42 29:31.8 9:31/M | | |
| 3 | Deb Stahl | Illioopolis IL | 284 |
| 57 | 68 34:15.7 11:03/M | | |
| 4 | DEE STOUT | | 368 |
| 57 | 72 36:43.0 11:51/M | | |
| 5 | Dorothy Rand | Punta Gorda FL | 292 |
| 57 | 93 50:45.0 16:22/M | | |

Male 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|-------------------|----------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Jim Stahl | Illioopolis IL | 285 |
| 58 | 26 26:29.9 8:33/M | | |

Female 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|--------------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | ILENE HOCHMAN | | 327 |
| 62 | 82 39:46.9 12:50/M | | |
| 2 | MARDIE STAUDMYER | | 366 |
| 62 | 83 39:49.9 12:51/M | | |

Male 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|----------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | GUY EMERICH | | 317 |
| 64 | 24 | 25:35.8 | 8:15/M |
| 2 | GARY CORDER | | 311 |
| 63 | 40 | 29:09.4 | 9:24/M |
| 3 | John Hagan | Punta Gorda FL | 376 |
| 62 | 86 | 42:02.3 | 13:34/M |

Female 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Kathy Engle | | 299 |
| 67 | 43 | 29:53.6 | 9:38/M |
| 2 | SUE ALISESKY | | 301 |
| 65 | 99 | 54:00.0 | 17:25/M |

Male 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | JOHN BARLTROP | | 304 |
| 66 | 16 | 24:01.2 | 7:45/M |
| 2 | KARL SCHMITZ | | 363 |
| 69 | 20 | 24:53.9 | 8:02/M |
| 3 | Barry Seidel | | 293 |
| 67 | 69 | 34:41.8 | 11:11/M |
| 4 | Larry Rand | | 291 |
| 68 | 92 | 50:43.0 | 16:22/M |
| 5 | Phil Katz | | 298 |
| 68 | 94 | 50:47.0 | 16:23/M |
| 6 | HENRY ERETH | | 319 |
| 66 | 97 | 51:32.0 | 16:37/M |
| 7 | DAVID ALISESKY | | 302 |
| 67 | 98 | 52:30.0 | 16:56/M |

Male 70 to 74

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | Dave Blessing | Port Charlotte FL | 381 |
| 73 | 57 | 32:05.4 | 10:21/M |
| 2 | JOHN NEAL | | 348 |
| 72 | 66 | 34:05.4 | 11:00/M |

Male 75 to 79

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|----------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | RON DAVIS | | 312 |
| 76 | 27 | 26:35.6 | 8:35/M |
| 2 | Bill Engle | | 81 |
| 78 | 44 | 29:54.5 | 9:39/M |
| 3 | DONALD MCBAIN | | 343 |
| 77 | 77 | 38:05.0 | 12:17/M |

Unknown Ages

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> |
|--------------|------------------|-------------|---------------|
| <u>Age</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
| 1 | SANDY PARPAS | | 375 |
| NA | 88 | 43:52.6 | 14:09/M |
| 1 | STYLIANER PARPAS | | 353 |
| NA | 91 | 48:12.0 | 15:33/M |
