

# 3rd Annual Harbor Run 5k/10k & Harbor Walk 5k

## Age Group Results

November 07, 2009

---

### Results by Zoomers Running Club

---

#### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Rachel Lee		66	39	3	20:11.1	6:31/M

#### Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Grant Spencer		78	17	1	18:44.2	6:03/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	dana Nolan		62	44	8	22:53.0	7:23/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mark Stueve		64	53	2	18:51.9	6:05/M

#### Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Josephine Nicolosi		15	65	21	26:46.1	8:38/M

#### Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Douglas Campbell		76	62	5	21:56.6	7:05/M

#### Female Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Linda Thurston		75	67	25	27:15.7	8:47/M

#### Male Senior Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Frank Nicolosi		16	68	7	22:45.6	7:20/M

#### Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Megan Wolff		52	11	38	28:59.0	9:21/M

## Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Cameron Peters		17	12	29	27:52.0	8:59/M

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Jessica Selders		58	15	15	25:35.6	8:15/M
2	Julie Meyers		44	17	40	29:25.9	9:29/M
3	Megan Standafer		60	18	67	36:56.3	11:55/M
4	Kimesha King		19	19	74	39:13.4	12:39/M

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Ashley Hoffman		70	24	9	23:49.2	7:41/M
2	Rebecca Guzman		31	24	47	31:26.4	10:08/M
3	Kristina Dallaire		59	22	49	31:42.2	10:14/M
4	Magan DeVries		10	21	77	39:32.1	12:45/M

## Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Corey Carr		29	22	14	25:32.1	8:14/M
2	Lanny King		20	20	16	26:26.6	8:32/M
3	Robert Moore		234	23	92	47:32.7	15:20/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Kara Tuck		11	25	24	27:13.0	8:47/M
2	Andrea Vigil		216	27	135	1:08:16.2	22:01/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Michael Poole		32	27	10	24:21.6	7:51/M
2	Abel Natali		35	28	17	26:27.9	8:32/M
3	Chris George		254	28	69	37:08.9	11:59/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Kristin Nestler		51	30	22	26:51.4	8:40/M
2	Michelle Foy		39	31	31	27:54.7	9:00/M
3	Kelly Calegan		82	33	39	29:22.7	9:28/M
4	Angela Nader		83	34	41	29:39.9	9:34/M
5	Michelle Nelson		81	33	53	32:10.7	10:23/M
6	GAIL KEARNS		65	34	70	37:29.4	12:05/M
7	Charlotte Frost		57	33	73	38:11.1	12:19/M
8	Veronica Hogan		261	31	109	54:53.1	17:42/M
9	Amanda Isemann		251	33	118	58:16.1	18:48/M
10	Jessica Barnett		214	32	124	1:01:44.8	19:55/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Jeremy Green		68	32	4	21:04.4	6:48/M
2	Brian Svjevich		91	34	54	32:15.2	10:24/M
3	Sebastian Boldi		227	31	79	41:13.8	13:18/M

4	Robert Nelson		256	32	94	47:49.8	15:25/M
5	Steve Bender		241	31	101	51:16.8	16:32/M
6	Carlton Hughes		263	31	111	56:34.4	18:15/M

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Melissa Pope		23	35	48	31:28.1	10:09/M
2	Katherine Arthington		49	38	50	31:46.6	10:15/M
3	Jennifer Pomerantz		8	38	51	31:52.9	10:17/M
4	Heather Butcher		230	37	81	41:19.4	13:20/M
5	Burnese Fiorentino		86	35	82	42:17.5	13:38/M
6	Lisa Kitchener		40	39	83	42:27.8	13:42/M
7	Teri Hart		228	39	107	54:19.7	17:31/M
8	Shannon Carlino		204	35	114	56:47.0	18:19/M
9	Marla Zack		209	37	119	58:30.9	18:52/M
10	Laura Rodriguez		213	38	137	1:10:02.8	22:35/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mark Wegand		79	35	27	27:30.8	8:52/M
2	Jason Ciaschini		87	36	32	27:56.3	9:01/M
3	Terry Yonker		74	36	33	27:57.2	9:01/M
4	Oded Pomerantz		9	38	52	31:53.6	10:17/M
5	John Blewis		235	35	96	50:04.5	16:09/M
6	Brian Bannon		231	37	99	50:42.9	16:21/M
7	Jason Luksha		215	36	106	53:14.8	17:10/M
8	Keith Rubin		232	37	140	1:12:58.0	23:32/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Monika D. Weitzel		4	42	11	24:32.4	7:55/M
2	Jennifer Lombardo		63	44	58	33:37.8	10:51/M
3	JULIE BOOKOUT		77	44	60	35:00.7	11:17/M
4	Donna Lechleidner		6	44	66	36:30.3	11:46/M
5	Enedima Merlo		46	43	86	45:15.9	14:36/M
6	Sue Fleshman		249	44	115	56:57.8	18:22/M
7	Holly Selders		238	41	125	1:01:59.9	20:00/M
8	Elizabeth Taylor		225	41	133	1:06:33.5	21:28/M
9	Roxanna Pizarro		229	41	141	1:13:01.5	23:33/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Neil Peters		18	42	30	27:52.8	8:59/M
2	Jim Ammerman		55	43	35	28:07.6	9:04/M
3	Jeff Snyder		28	42	46	30:45.7	9:55/M
4	Greg Chiappetta		211	41	105	52:51.5	17:03/M
5	Timothy Selders		240	44	126	1:02:22.9	20:07/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Julie Chartier		25	46	37	28:39.2	9:15/M
2	Monica Misir		89	45	75	39:25.1	12:43/M
3	BETHANY HESLAM		253	45	84	43:58.9	14:11/M
4	Frances Earnist		36	48	95	49:53.8	16:05/M
5	Leigh Daul		219	49	102	51:19.0	16:33/M
6	Linda Miller		85	49	103	51:21.2	16:34/M
7	Jami Dulaney		243	47	113	56:45.9	18:18/M
8	Christine DeVries		207	45	120	59:18.5	19:08/M
9	Yulinar Sproat		217	47	136	1:08:50.7	22:12/M
10	Debi Lantzer		201	48	139	1:12:33.5	23:24/M
11	Sally Wickman		221	46	142	1:19:28.4	25:38/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Rod Berger		71	45	6	22:28.7	7:15/M
2	Sergio Cossy		41	48	13	24:51.2	8:01/M
3	Andrew Barnett		37	48	18	26:34.2	8:34/M
4	Richard Mancilla		246	45	87	46:58.2	15:09/M
5	William Lombardo		248	45	88	47:03.5	15:11/M
6	Joe Cellamare		226	48	90	47:12.1	15:14/M
7	Kevin DeVries		206	49	93	47:43.1	15:24/M
8	Robert Daul		220	48	100	51:03.5	16:28/M
9	Scott Kook		222	46	104	52:30.6	16:56/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jamie Beckstead		34	51	42	29:40.7	9:34/M
2	Cynthia Clopton		21	53	56	32:38.7	10:32/M
3	Deborah Grabau		50	50	64	36:16.2	11:42/M
4	Annika Olsson		45	51	65	36:24.0	11:45/M
5	Lynn Olzacki		262	53	117	58:10.5	18:46/M
6	Laurie Hayes		208	54	121	1:00:11.0	19:25/M
7	Terry Weiss		224	51	138	1:11:18.8	23:00/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Matt Nemec		13	52	20	26:39.6	8:36/M
2	Lorenzo Daetz		73	53	34	28:02.1	9:03/M
3	David Kingsbury		56	52	36	28:08.4	9:05/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Wanda Kenney		47	59	23	26:56.2	8:41/M
2	Betty Bernz		42	57	43	30:02.3	9:41/M
3	Marilyn Moore		54	56	45	30:24.5	9:48/M
4	Toni Conran		30	55	78	39:49.6	12:51/M
5	Rosanne Gillmore		247	56	91	47:30.7	15:19/M
6	Dawn Barrs		250	55	123	1:00:37.2	19:33/M
7	Carol Fabian		259	57	128	1:03:07.2	20:22/M
8	Kathy Osullivan		252	59	129	1:04:34.5	20:50/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	David Wilhelm		61	55	12	24:35.0	7:56/M
2	Harold Mack		53	56	19	26:34.8	8:34/M
3	Cort Frohlich		80	57	26	27:16.7	8:48/M
4	H. Michael Garcia		84	55	57	33:00.5	10:39/M
5	Howard Kunik		90	59	61	35:11.2	11:21/M
6	Tom Hughes		67	59	68	37:06.3	11:58/M
7	John Peacock		257	56	80	41:14.7	13:18/M
8	Charlie MacDonald		239	56	89	47:09.4	15:13/M
9	Thomas Fabian		258	59	112	56:35.4	18:15/M
10	John Tschinkel		223	58	127	1:02:23.8	20:07/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Barbara McNulty		43	60	28	27:33.5	8:53/M
2	Ilene Hochman		69	62	71	37:53.4	12:13/M
3	Mardie Staudmyer		26	61	72	37:54.5	12:14/M
4	Barbara Mickel		88	63	76	39:31.0	12:45/M

5	Kay Keller		33	61	110	55:29.6	17:54/M
6	Mary Harder		205	60	130	1:04:51.8	20:55/M

### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Ron Reid		22	60	44	30:08.8	9:43/M
2	Ron Bacon		5	63	59	34:56.1	11:16/M
3	Keith Reester		27	63	62	35:59.0	11:36/M
4	Mike Hourihan		212	60	97	50:11.6	16:11/M
5	Hugh Thomas		260	60	98	50:16.4	16:13/M
6	Guy Emerich		245	64	108	54:26.0	17:34/M

### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Ellie Albert		203	68	131	1:05:41.8	21:11/M

### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Timothy Seward		72	69	55	32:37.9	10:31/M
2	Philip Czyz		38	65	85	44:15.8	14:16/M
3	Gerald Haller		210	68	132	1:06:02.7	21:18/M
4	Ted Boiman		218	67	134	1:07:01.5	21:37/M

### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Richard Goetz		12	73	63	36:12.6	11:41/M
2	Jack Jacobs		244	70	116	57:55.6	18:41/M
3	Jon Peterson		242	72	122	1:00:14.3	19:26/M

---